



PHYSICAL EDUCATION



at Bronte Girls' Academy



OUR VISION

To inspire our pupils to succeed and excel in sport through providing a range of opportunities to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities will build character and help to embed values such as fairness and respect. Our fundamental purpose is to provide a curriculum that promotes lifelong healthy and active lifestyles.

Through a broad and balanced programme pupils are taught to be physically active, developing coordination, control and body management. They are involved in problem-solving, communication with others and team-building. Pupils are encouraged to understand the importance of a healthy lifestyle through participation in, and enjoyment of, a variety of activities and environments.

Our wide and diverse extra-curricular club allows pupils to access sport every day of the week to build friendships and be part of a team.

TOPICS COVERED

	Term 1	Term 2	Term 3
Year 7	<ul style="list-style-type: none">• Netball• Badminton	<ul style="list-style-type: none">• Gymnastics• Dance	<ul style="list-style-type: none">• Rounder's• Athletics• Cricket
Year 8	<ul style="list-style-type: none">• Sport Education Netball• Table tennis• Football	<ul style="list-style-type: none">• Gymnastics• OAA• Dance	<ul style="list-style-type: none">• Athletics• Striking and Fielding
Year 9	<ul style="list-style-type: none">• Netball• Badminton• Trampolining	<ul style="list-style-type: none">• Handball/ Basketball• Dance	<ul style="list-style-type: none">• Athletics• Striking and Fielding

ASSESSMENT

- Pupils are assessed practically across all the topic areas which produces an average grade.

OUTSIDE OF THE CLASSROOM

Outside of the classroom, we provide pupils with the opportunity to participate in a variety of extra-curricular activities such as netball, football, cheerleading, trampolining, fitness, dance, and badminton. Through our clubs, pupils represent their school in interschool competitions, linking sports to higher opportunities.

Throughout our curriculum, we provide the opportunity for our pupils to build leadership skills both in lesson and after school. When pupils reach Year 10 they have the opportunity to complete a leadership course and build their confidence to volunteer in their community.

Whilst learning in the classroom is important we understand the benefit of pupils actively engaging in Outdoor Adventure Activities. Doe Park Outdoor Centre provides the opportunity for our pupils to develop team work and resilience skills in a beautiful outdoor setting whilst experiencing Climbing, Abseiling, High Ropes and Dragon Boat Racing.

USEFUL RESOURCES

