



# PE CURRICULUM



## at Bronte Girls' Academy



### OUR VISION

Through a broad and balanced programme pupils are taught to be physically active, developing coordination, control and body management. They are involved in problem-solving, communication with others and team-building. Pupils are encouraged to understand the importance of a healthy lifestyle through participation in, and enjoyment of, a variety of activities and environments. Our fundamental purpose is to provide a curriculum that promotes lifelong healthy and active lifestyles.

Our wide and diverse extra-curricular club allows pupils to access sport every day of the week to build friendships and be part of a team.

### TOPICS COVERED

	Term 1	Term 2	Term 3
Year 7	Cognitive and Emotional Learning (Dance) Task Application (Football and Netball)	Movement Sequences and Self-Motivation (Gymnastics and Fitness) Fundamentals of Movement (Tennis)	Honesty and Growth (Athletics) Communication and Active Listening (Rounders)
Year 8	Team Work and Resilience (OAA) Evaluation and Analysis (Dance & Gymnastics)	Self-Management and Responsibility (Handball & Netball) Life Long Health and Role Models (Athletics & Fitness)	Rules and Tournaments (Badminton) Collaboration (Striking and Fielding)
Year 9	Confidence and Evaluation (Trampolining) Rules of Law/ motivating others and Speaking skills (Netball/ Basketball)	Inclusiveness and Innovation (Fitness & Dance) Leadership (Tkchouball)	Resilience (Table Tennis) Problem Solving (Softball/ Rounders & Athletics)

## ASSESSMENT

Summative assessment will take place every half term.

Pupils are assessed on their Knowledge, Practical Performance & Character in PE.

## OUTSIDE OF THE CLASSROOM

Outside of the classroom we provide pupils with the opportunity to participate in a variety of extra-curricular activities such as; Netball, Football, Cheerleading, Trampolining, Fitness, Dance, and Badminton. Through our clubs, pupils represent their school in interschool competitions, linking sports to higher opportunities.

Throughout our curriculum we provide opportunity for our pupils to build leadership skills both in lesson and afterschool. When pupils reach year 10 they have the opportunity to complete a leadership course and build confidence to volunteer in their community.

Whilst learning in the classroom is important we understand the benefit of pupils actively engaging in Outdoor Adventure Activities. Our students have the opportunity to attend an Outdoor Centre to develop team work and resilience skills whilst experiencing Climbing, Abseiling, High Ropes and water rafting.

## USEFUL RESOURCES

